

**THERAPIST
REFERRAL DIRECTORY**

2019-2020



**Office of Family Life
Archdiocese of Los Angeles
3424 Wilshire Boulevard
Los Angeles, CA 90010
(213) 637-7398**

Introduction

This Referral Directory contains the names and information of Therapists who are in private practice or are part of a larger group or clinic. Each Therapist is either Catholic or Christian and has agreed to uphold the teachings of the Catholic Church. We share these names with you for your convenience in locating a Therapist who will be of assistance to individuals, couples or families seeking professional help.

If you utilize this list for someone you are assisting, please note the following:

- **Always present at least three Therapists for consideration by the person requesting the information.**
- **Always state or give a copy of the following:**
“The names of the listed professionals are provided as a service only. Their services are not endorsed, sanctioned, or in any way guaranteed by the Archdiocese of Los Angeles, or any of its parishes or other ministries.”
- **We caution that anyone seeking services from a Therapist be sure to check the fee schedule beforehand, since prices can vary.**

The Regional Psychological Service Offices of Catholic Charities offers bilingual counseling with supervised interns in San Pedro and Santa Barbara Regions.

For Further Information call:

Mary Agnes Erlandson (San Pedro Region) at 310.672.2208.
10217 S. Inglewood Ave, Lennox, CA 90304

Jackie Quackenbush (Santa Barbara Region) at 805.965.7045.
609 E. Haley St. Santa Barbara, CA 93101

The Office of Family Life will be updating this list from time to time and, therefore, would appreciate receiving any names of Therapists whom you would suggest, as well as any comments regarding those listed. We hope this Directory will better help you serve the People of God.

Description of Therapist Licenses

Psychiatrist:

M.D. Degree in Medicine

A doctor trained in the prevention, diagnosis and treatment of mental disorders; can prescribe medication.

Psychologist:

Ph.D. Doctorate of Philosophy

The Psychologist is a doctoral-level degree that emphasizes research, testing and the clinical practice of psychology. This person is trained and educated in the prevention, diagnosis and treatment of mental disorders.

Psy.D. Doctorate of Psychology

The Psy.D. is a doctoral-level degree that emphasizes the clinical practice of psychology. This person is trained and educated in the prevention, diagnosis and treatment of mental disorders.

Therapist:

LMFT Licensed Marriage Family Therapist

The LMFT provides psychotherapy for individuals, children, couples and families. Their expertise is in the context of family systems.

AMFT Associate Marriage and Family Therapist

The AMFT is a Marriage Family Therapist in California who has completed the graduate degrees and is registered under the Board of Behavioral Sciences. This individual is under the supervision of a Licensed Therapist.

LCSW Licensed Clinical Social Worker

The LCSW provides psychotherapy for individuals, children, couples and families. Their expertise is in the context of holistic systemic support.

SANTA BARBARA REGION

Barra, Lisa M. Ph.D.
Lic. # PSY15239
80 N. Wood Rd., Ste 306
Camarillo, CA 93010
(805) 217-6106
drlisab@gmail.com
(*English*)

Specialties:
Grief & Loss
Relationship Issues
Trauma

Blum, Christopher, LMFT
Lic. # LMFT85017
1100 Flynn Rd., Ste. 201
Camarillo, CA 93012
(805) 390-3142
chris@therapywithchris.com
(*English*)

Specialties:
Depression
Anxiety
In-Home Therapy

Cole, James P., Ph.D.
Lic. # PSY6542
993 West 7th Street
Oxnard, CA 93030
(805) 483-9565
jcolepsychservices.com@gmail.com
(*English, Spanish*)

Specialties:
Child Psychology
Marital Therapy
Depression/Anxiety

Gray, Lorraine, Psy.D., LMFT
Lic. # LMFT52864
27 West Anapamu St. Unit 389
Santa Barbara, CA 93101
(805) 453-0618
drlorrainegray@hushmail.com
(*English, Spanish*)

Specialties:
Adolescents, Adults, Individuals
Trauma, Depression
Anxiety Disorders

Hastings, Carol K., Psy.D.
Lic. # PSY28061
660 Hampshire Road
Westlake Village, CA 91361
(310) 405-2874
carrie@engagetherapy.com
(*English*)

Specialties:
Individual Therapy
Psychological Testing
Sport Psychology

Lee-Martinez, Susan, LCSW
Lic. # LCSW19706
4050 Market Street
Ventura, CA 93003
(805) 654-1422 Ext. 4
fivelees@roadrunner.com
(*English, Spanish*)

Specialties:
Marriage/Couples
Anxiety & Depression
Female Adolescent/Young Adult
Issues

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Marchese, Veronica, Ph.D., LMFT
Lic. # LMFT41348
1746 F South Victoria Ave. # 305
Ventura, CA 93003
(805) 665-7511
(English, Spanish)

Specialties:
Trauma & Abuse
Relationship Issues & Pre-Marital
Counseling
Mood, Depression, Anxiety

Miller, Dn. Jason B., Ph.D.
Lic. # PSY17558
128 N. 10th St.
Santa Paula, CA 93061
(805) 229-1341
jasonbryanmiller@gmail.com
(English)

Specialties:
Marital Issues
Anxiety
Pornography Addiction

Montoya, Linda, LMFT
Lic. # LMFT38835
142 Hoover Ave.
Ventura, CA 93003
(805) 901-4922
(English)

Specialties:
Anxiety & Depression
Marriage & Family
Children Play Therapy

Palmer, Terri, LMFT
Lic. # LMFT87993
1100 Flynn Road, #201
Camarillo, CA 93012
(805) 910-5420
tpalmer@mocwc.com
(English)

Specialties:
PTSD
Anxiety
Depression

Tucker, Deborah, MA, LMFT
Lic. # LMFT17142
1633 Erringer Road, #204
Simi Valley, CA 93065
(805) 583-3976 Ext. 33
deborah@simi-therapy.com
(English)

Specialties:
Teen/Young Adult
Marriage/Couples
Trauma

von Frausing-Borch, Ole, LMFT
Lic. # LMFT8963
301 South Miller Street, Ste. 121
Santa Maria, CA 93454
(805) 202-9335
therapy.ole@gmail.com
Website: <http://therapy-ole.com/>
(English)

Specialties:
Individuals/Couples
Existential Psychotherapy
Aging/Health Issues

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**Wonders, Michelle C., MS,
LMFT**

Lic. # LMFT29818
1100 Flynn Rd., Ste. 201
Camarillo, CA 93012
(805) 482-7724
mwonders@mocwc.com
(English)

Specialties:

Trauma - EMDR
Depression
Anxiety

Wood, Gregory, LMFT

Lic. # LMFT32274
107 Figueroa St. #C
Ventura, CA 93001
(805) 816-7854
gwood@thomasaquinas.edu
(English)

Specialties:

Cognitive-Behavioral Therapy
Couples Counseling
Depression

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SAN FERNANDO REGION

Brogan, Paul, LMFT

Lic. # LMFT41959
16661 Ventura Blvd., Ste. 520
Encino, CA 91436
(818) 501-0513
paulbrogan@aol.com
(English)

Specialties:

Mood Disorders
Addictions
Traumas

Cantella, Kristin, LMFT

Lic. # LMFT40122
410 W. Arden Ave. #201
Glendale, CA 91203
(626) 824-8572
kristincantella@gmail.com
Website: www.kristincantella.com
(English)

Specialties:

Couples/Relationships
Stress Reduction
Self-Esteem/Women Issues

Cardenas, Jose, Psy.D.

Lic. # PSY10436
601 S. Brand Blvd., Ste. 101
San Fernando, CA 91340
(818) 939-8828
cpsjose27@msn.com
(English, Spanish)

Specialties:

Trauma
Depression
Immigration Issues

Cross, Adam, AMFT

Lic. # AMFT89628
1687 Erringer Road, Suite 111
Simi Valley, CA 93065
(805) 428 - 3755
amc.cross7@gmail.com
(English)

Specialties:

Adolescents/Couples
Trauma/Anxiety
Anger Management

Croshier, Irving D., Ph.D., LMFT

Lic. # LMFT5616
6700 Fallbrook Avenue, #224A
West Hills, CA 91307
(818) 710-1266
doctorirvtlc@aol.com
(English)

Specialties:

Anxiety
Depression
Marital Problems

Derenski, John, LMFT

Lic. # LMFT14575
6345 Balboa Blvd., #212
Encino, CA 91316
(818) 349-5965
john@johnderenski.com
(English, ASL)

Specialties:

Depression
Sexual Addiction
Marriage Counseling

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**Gutierrez, Fernando, EdD,
JD., Psy.D.**
Lic. # PSY8801
44809 Fern Ave.
Lancaster, CA 93534
(818) 457-0376
(English, Spanish)

Specialties:
Anxiety & Depression
Sexual Orientation
I-601 Immigration Waivers

**McGarva, Monica Jung, M.A.,
LMFT**
Lic. # LMFT49540
21243 Ventura Blvd., Ste. 228
Woodland Hills, CA 91364
(818) 835-2514
monica@mcgarvas.com
(English)

Specialties:
Trauma
Anxiety
Parenting

**Mitchell, SSS, Sr. Rochelle,
LCSW**
Lic. # LCSW11105
4316 Lanai Road
Encino, CA 91436
(818) 815-4498
rochellem62@gmail.com
(English)

Specialties:
Women
Young Adults
Religious

Olona, Dr. Thomas, Ph.D.
Lic. # PSY14944
100 N. Brand Blvd., Ste.603
Glendale, CA 91203
(818) 476-0117
drolona@drthomasolona.com
(English)

Specialties:
Marriage/Couples
Trauma
Crisis of Faith

Richardson, Lisa A., Ph.D.
Lic. # PSY13939
410 W. Arden #100
Glendale, CA 91203
(818) 243 - 4724
drlrichardson@charter.net
(English)

Specialties:
Depression
Anxiety
History of Abuse/Incest

Schifrin, Eileen, Ph.D.
Lic. # PSY20443
21241 Ventura Blvd, Ste. 262
Woodland Hills, CA 91364
(818) 917-5827
etschifrin@icloud.com
(English)

Specialties:
Child Abuse
Anxiety/Depression/Self-Esteem
Issues
STEP Educational Consultant

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Steffon, Jeffrey J., LMFT

Lic. # LMFT37726

6345 Balboa Blvd., #212

Encino, CA 91316

(818) 776-9188

encinojeff@yahoo.com

(English, Spanish)

Specialties:

Divorce and Blended Families

Anxiety and Stress

Depressive Disorders

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SAN GABRIEL REGION

Baker, Mark W., Ph.D., PSY
Lic. # PSY9219
650 Sierra Madre Villa Ave., Ste.
110
Pasadena, CA 91107
(626) 351-9616
mark.baker@laviecounseling.org
(English, Spanish)

Specialties:
Psychodynamic Psychotherapy
Marriage Counseling
Relationship Issues

Bartolotti, Darryl, LMFT
Lic. # LMFT37192
416 W. Badillo Street
Covina, CA 91723
(626) 858-2864
darrylbartolotti@gmail.com
(English)

Specialties:
(Adults Only)
Couples
Depression
Anxiety

Cepielik, Kristina M., AMFT
Lic. # AMFT83917
55 W. Sierra Madre Blvd #300
Sierra Madre, CA 91024
(626) 993-5881
edynterapy@gmail.com
(English, Some Spanish):

Specialties
Infidelity
Divorce
Youth Spirituality

Dann-Honor, Ronnie, LMFT
Lic.# LMFT44718
P.O. Box 1343
Glendora, CA 91740
(626) 253-6809
ronniedann@gmail.com
(English)

Specialties:
Geriatric
Child & Adolescent
Relationship

Dann-McNamee, Mary, LMFT
Lic.# LMFT107359
P.O. Box 1343
Glendora, CA 91740
(626) 253-6809
marysdann@gmail.com
(English)

Specialties:
Trauma Focused-CBT
Bereavement/Grief/Loss
Pre-marital Counseling, Separated
& Divorced

Davis, Lois, M., LCSW, BCD
Lic. # LCSW5754
1910 Huntington Drive
South Pasadena, CA 91030
(626) 441-6632
lmdsss@aol.com
(English)

Specialties:
Child, Adolescent
Depression/Anxiety
Relationship Issues

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Gomez, Roberta, LMFT
Lic. # LMFT92779
503 S. Euclid Ave.
Pasadena, CA 91101
(818) 925-0710
roberta.r.gomez@gmail.com
(English, Spanish)

Specialties:
Anxiety & Depression
Family Therapy
Trauma Recovery

**Gutierrez, Fernando, EdD, JD.,
PSY**
Lic. # PSY8801
2810 E. Del Mar Blvd., #11A
Pasadena, CA 91107
(818) 457-0376
(English, Spanish)

Specialties:
Anxiety & Depression
Sexual Orientation
I-601 Immigration Waivers

Hasibar, Joan, M.A., LMFT
Lic.# LMFT110956
547 S. Marengo Ave. #104
Pasadena, CA 91101
(323) 985-8782
josnhasibar@gmail.com
(English)

Specialties:
Trauma/PTSD
Anxiety
Grief

Kindle, Elaine, Ph.D., LCSW
Lic. # LCSW9096
2211 S. Hacienda Blvd. Ste. 103-C
Hacienda Heights, CA 91745
(626) 330-7990
drelainekindle@yahoo.com
(English)

Specialties:
Trauma/EMDR Consultant
Anxiety & Depression

Magnani, Kathleen, Ph.D., PSY
Lic. # PSY10664
73 W. Sierra Madre Blvd.,
Sierra Madre, CA 91024
(626) 303-0807
(English)

Specialties:
(Adults Only)
Trauma
Personality Disorders
Anxiety & Depression

**Mardirossian, Cristina, MA,
LMFT**
Lic. # LMFT49234
261 S. Catalina Ave.
Pasadena, CA 91106
(818) 434-6051
cnm.therapy@gmail.com
*(English, Armenian,
Romanian)*

Specialties:
EMDR
PTSD/Sexual Abuse
Dissociative Disorders

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McCord, Judith, LMFT
Lic. # LMFT25678
2470 Morslay Rd
Altadena, CA 91001
(626) 798-2332
judithbmerry@hotmail.com
(English)

Specialties:
Premarital & Couples Therapy
Parenting & Child Development
Grief

Morlett, Connie, MA, LMFT
Lic. # LMFT88711
250 W. 1st Street, Ste. 214
Claremont, CA 91711
(714) 252-3360
conniemorlett@gmail.com
(English, Spanish)

Specialties:
Couples
Military Veterans
Parenting-Divorce

Namby, Marylee, M.A., LMFT
Lic. # LMFT97269
150 E. Meda Ave. Ste. 110
Glendora, CA 91741
(626) 429-6550
marylee.nambu@gmail.com
(English)

Specialties:
Complex Trauma/Abuse
Obsessive Compulsive Disorder
Anxiety/Eating Disorder

**Ortiz-Ulibarri, Jazmine, MA,
AMFT**
Lic. # AMFT78091
P.O. Box 2301
West Covina, CA 91793
595 E. Colorado Blvd. #412
Pasadena, CA 91101
(626) 578-5501
jazmineortizmft@gmail.com
(English, Spanish)

Specialties:
Premarital Preparation
Individual/Couples/Family
Therapy
Current/Post Partum Depression

Pio, John E., LMFT
Lic. # LMFT37865
444 Huntington Drive, # 333
Arcadia, CA 91006
(626) 664-9314
johnpio@me.com
(English)

Specialties:
Men's Issues
Anxiety & Depression

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**Pumerantz, Beth, M.A., M.S.,
LMFT**
Lic. # LMFT47086
2247 Wisteria Ave.
Upland, CA 91784
(909) 946-9411
bethpumerantz@yahoo.com
(English)

Specialties
Family Discord Family Systems
Personal Journey/Development

Santarelli, Mark, PsyD., LMFT
Lic. # LMFT36574
722 Fremont Ave.
South Pasadena, CA 91030
(323) 377-9072
mark.santarelli@sbcglobal.net
(English, Some Spanish)

Specialties:
Depression
Psychoanalytic Therapy
Interpersonal Issues

Villanueva, Daniel, AMFT
Lic. # AMFT108291
250 W. 1st Street, Ste. 214
Claremont, CA 91711
(909)293-9265
drvillanueva01@gmail.com
(English, Spanish)

Specialties:
Trauma (All Levels):
Adults
Adolescents
Teenagers (14-19 years old)

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OUR LADY OF THE ANGELS REGION

Anderson, Melody J., LCSW

Lic. # LCSW28609
P.O. Box 24483
Los Angeles, CA 90024
(310) 285-9410
mather1@yahoo.com
(English)

Specialties:

Addiction in individuals, Couples and Children
Relational Issues with Family, Children, Partners

Berndes-Carlson, Teresita, MA, LMFT

Lic. # LMFT23575
3831 Hughes Ave., Ste. 708
Culver City, CA 90230
(310) 838-4403
Teresita@ahcounseling.com
(English, Spanish)

Specialties:

Relationship Issues
Anxiety & Depression

Cadow, Barbara, Ph.D., PSY

Lic. # PSY6165
10921 Wilshire Blvd., Ste. 507
Los Angeles, CA 90024
(310) 824-3500
bcadowphd@gmail.com
(English)

Specialties:

Anxiety
Depression
Stress Management

Cocharo, Mary Katherine (Kay), LMFT

Lic. # LMFT25394
11340 W. Olympic Blvd., Ste. 210
Los Angeles, CA 90064
(310) 828-2624
therapy@mkcocharo.com
Website: www.mkcocharo.com
(English)

Specialties:

Marriage Therapy
Pre-Marital Counseling
Individual Adult Therapy

Derr, Sr. Karen M., Ph.D.

Lic. # PSY13164
1516 Westwood Blvd., Ste. 104
Los Angeles, CA 90024
(310) 337-1686
(English)

Specialties:

Anxiety Disorders
Depression
Psychological issues with Religious/Spiritual Components

Gilbert, Ann J., Psy.D., LMFT

Lic. # LMFT34740
6111 W. 75th St.
Los Angeles, CA 90045
(310) 339-9233
dranngilbert@aol.com
(English, Mandarin Chinese)

Specialties:

Individual, Couples, Family
Clinical Hypnotherapy
Psychological, Educational,
Personality Assessment
EMDR

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Lane, Paul J. Ph.D., PSY
Lic. # PSY6272
10921 Wilshire Blvd., Suite 507
Los Angeles, CA 90024
(310) 824-3500
pjlanephd@gmail.com
(English)

Specialties:

PTSD and Anxiety Related Disorders
Survivors of Sexual Abuse
Relational/Interpersonal Problems
Occupational Consultations

Meyer, Christine B., M.A., LMFT
Lic. # LMFT46304
444 N. Larchmont Blvd. Ste. 203
Los Angeles, CA 90004
(323) 376-5145
christinemeyerlmft@gmail.com
(English, French)

Specialties:

Parenting
Relationship Issues
Anxiety

Scottino, Sr. Teresa, LMFT
Lic. # LMFT23186
1516 Westwood Blvd., Ste. 104
Los Angeles, CA 90024
(310) 600-9232
scotttere@aol.com
(English)

Specialties:

Addiction
Anxiety/Depression
Spiritual-Life Crisis

Sevilla, Sr. Mary, CSJ, Ph.D., LMFT
Lic. # LMFT28088
1119 Westchester Place
Los Angeles, CA 90019
(310) 954-4432
marysevilla@mac.com
(English)

Specialties:

Adults Molested as Children
Depression/Anxiety
Grief

Velasquez, Mary L., LMFT
Lic. # LMFT42882
5044 Eagle Rock Blvd., # 6
Los Angeles, CA 90041
(818) 209-6361
sacredjrney@hotmail.com
(English, Spanish)

Specialties:

Individual & Couples
Family Systems
Faith & Catholic Spirituality

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SAN PEDRO REGION

Alley, Judy, LMFT

Lic. # LMFT17197

25500 Hawthorne Blvd., Ste. 2200

Torrance, CA 90505

(310) 791-6212

(English)

Specialties:

Couples

Depression/Anxiety

Eating Disorders

Barraza-Reyes, Yvette, Ph.D.

Lic. # PSY20336

121 W. Whittier Blvd., Ste. 23

La Habra, CA 90631

(562) 697-9796

(English, Spanish)

Specialties:

Trauma/Abuse

Psychological/Neurological

Testing

ADHD

Bastedo, Charles E., LMFT

Lic. # LMFT15096

5199 E. PCH # 504

Long Beach, CA 90804

(562) 498-1750

charlesebastedomfct@gmail.com

(English)

Specialties:

Marital/Family Therapy

Depression

Stress-Anxiety

**Canavan, Peter K., LMFT,
CIRT**

Lic. # LMFT28943

5855 Naples Plaza, Ste. 109

Long Beach, CA 90803

(562) 433-0400

therapy@pkclmft.com

(English)

Specialties:

Couples Therapy

Depression/Anxiety

Sexual Identity Issues

Harbert, Lynda, LMFT

Lic. # LMFT14679

13601 E. Whittier Blvd., Ste. 503

Whittier, CA 90605

(562) 696-9918

lynda.harbert@gmail.com

(English)

Specialties:

Trauma

Disability

Couples/Family Counseling

Klem, Mary, M.A., LMFT

Lic. # LMFT46517

2200 PCH, Ste. 212

Hermosa Beach, CA 90254

(310) 469-2871

mklemmft@msn.com

(English)

Specialties:

Couples

Individuals-Depression/Anxiety

Teens

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Specialties:
PTSD and Anxiety Related
Disorders
Survivors of Sexual Abuse
Relational/Interpersonal Problems
Occupational Consultations

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253 Belmont Ave
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Specialties:
Couples/Marriage Counseling
Anxiety
Depression/Grieving

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(English)

Specialties:
Trauma & PTSD
Chronic illness/pain
Anxiety, depression/Disruptive
Behaviors (3-18 yrs. old)

Rock, Barbara, LMFT
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Specialties:
Relationships
Depression/Bipolar
OCD

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(English, Spanish)

Specialties:
PTSD & Trauma (DV)
Self-esteem
Grief & Loss

Sheen, Daniel, LMFT
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dan@sacredheartcounseling.org
(English, Korean)

Specialties:
Premarital Counseling
Marriage Preparation
Anxiety & Depression
Addictions

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(English)

Specialties:
Grief/Loss/Transitions
Trauma Therapy
GLBT

Svetlecic, Sr. Nancy, LMFT
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(213)841-8345
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(English)

Specialties:
Sisters in Religious Life
Young Adults (25-40) Transitions
Seniors (65-80) Transitions
Grief & Loss

**Vandegaer, Sr. Paula, SSS,
LCSW**
Lic. # LCSW2386
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Specialties:
Anxiety & Depression
Post Abortion Counseling
Teens & Adults

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Specialties:
Mood Disorders
Maternal Mental Health
Recovery/Addiction

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Specialties:
Trauma & EMDR Therapy
Child & Adolescent Therapy
Anxiety & Depression

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